

**Young Adult Prevention Initiative, Fairfield County**  
**Ohio Strategic Prevention Framework (SPF) Community Logic Model**  
**Priority Substance: Misuse of Prescription Drugs**  
**Target Population: 18-25 year olds living in Lancaster, OH**

**Guiding Statement**

*While the majority of Lancaster's 18-25 year olds have never misused prescription drugs; of those who have, over a third misused prescription drugs for the first time between the ages of 18-25. Nearly half of 18-25 year olds who are currently misusing prescription drugs are chronic misusers.*

Description of the Issue	Intervening Variables	Strategies
<p><b>Lifetime Misuse of Prescription Drugs</b></p> <ul style="list-style-type: none"> <li>58.3% of Lancaster 18-25 year olds report that they have never used a prescription medication (such as Oxycontin, Percocet, Vicodin, Codeine, Adderall, Ritalin, or Xanax) that was not prescribed for them (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> <li>Of those who reported misusing prescription medication, 46.3% reported misusing prescription drugs 20 or more times in their lives (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> </ul> <p><b>Age of First Misuse of Prescription Drugs</b></p> <ul style="list-style-type: none"> <li>Of those who reported misusing prescription medication, 35% reported age of first misuse between 18-25 years of age (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> </ul> <p><b>Misuse of Prescription Pain Medication</b></p> <ul style="list-style-type: none"> <li>25.2% of Lancaster 18-25 year olds reported lifetime misuse of prescription pain medication (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> <li>Of those who reported misusing prescription pain medication, 14% reported chronic misuse (daily or weekly misuse) (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> </ul> <p><b>Misuse of Prescription Sedative/Anxiety Medication</b></p> <ul style="list-style-type: none"> <li>15.1% of Lancaster 18-25 year olds reported lifetime misuse of prescription sedative/anxiety medication (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> <li>Of those who reported misusing prescription sedative/anxiety medication, 8% reported chronic misuse (daily or weekly misuse) (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> </ul> <p><b>Misuse of Prescription Stimulant Medication</b></p> <ul style="list-style-type: none"> <li>10.6% of Lancaster 18-25 year olds reported lifetime misuse of prescription stimulant medication (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> <li>Of those who reported misusing prescription stimulant medication, 9% reported chronic misuse (daily or weekly misuse) (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> </ul> <p><b>Misuse of Prescription Sleeping Medication</b></p> <ul style="list-style-type: none"> <li>8.9% of Lancaster 18-25 year olds reported lifetime misuse of prescription sleeping medication (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> <li>Of those who reported misusing prescription sleeping medication, 8% reported chronic misuse (daily or weekly misuse) (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> </ul>	<p><b>There is a lack of education about risks associated with prescription drug misuse among 18-25 year olds in our community.</b></p> <ul style="list-style-type: none"> <li>70.3% of Lancaster 18-25 year olds perceive people who use pain medications without a prescription have a "great risk" of harming themselves physically and in other ways (<i>Data Source: Fairfield County, OH Young Adult Survey, 2012</i>).</li> <li>Lancaster 18-25 year olds report that it is acceptable to misuse prescription drugs to self-medicate but it is unacceptable to misuse prescription drugs if you are "trying to get high" (<i>Data Source: Young Adult Prevention Initiative Focus Group Data, 2012</i>).</li> <li>Lancaster 18-25 year olds report that prescription drugs are "safe" because they are prescribed by doctors (<i>Data Source: Young Adult Prevention Initiative Focus Group Data, 2012</i>).</li> <li>Lancaster's medical professionals, 18-25 year olds, and AOD prevention and treatment providers perceive that there is a lack of prescription drug risk education in the community (<i>Data Source: Young Adult Prevention Initiative Focus Group Data, 2012</i>).</li> </ul> <p><b>The "Generation Rx" culture is pervasive in our community and Lancaster 18-25 year olds have grown up immersed in this culture.</b></p> <ul style="list-style-type: none"> <li>Lancaster medical professionals report a lack of non-pharmaceutical treatment options being tried by patients prior to seeking medical care (<i>Data Source: Young Adult Prevention Initiative Focus Group Data, 2012</i>).</li> <li>Lancaster medical professionals report a lack of non-pharmaceutical treatment options being discussed and/or offered by doctors prior to writing a prescription (<i>Data Source: Young Adult Prevention Initiative Focus Group Data, 2012</i>).</li> <li>Lancaster AOD prevention and treatment providers report that the Generation Rx belief that, 'pain is unacceptable and there is a medicine for everything', is present in our community (<i>Data Source: Young Adult Prevention Initiative Focus Group Data, 2012</i>).</li> <li>Lancaster 18-25 year olds report misusing prescription drugs as a way to escape pain, depression, and anxiety (<i>Data Source: Young Adult Prevention Initiative Focus Group Data, 2012</i>).</li> <li>Lancaster 18-25 year olds report misusing prescription drugs for various conditions (i.e, to treat injuries, stay awake to study, or for energy) that have alternative treatments (<i>Data Source: Young Adult Prevention Initiative Focus Group Data, 2012</i>).</li> </ul> <p><b>The prevention needs of the 18-25 year old age group are not currently being effectively addressed in our community.</b></p> <ul style="list-style-type: none"> <li>Fairfield County has Prevention Works, an active and successful Drug Free Communities Coalition that focuses on AOD prevention for children and youth (<i>Data Source: Young Adult Prevention Initiative Organizational Scan, 2012</i>).</li> <li>Lancaster's social service and AOD prevention and treatment providers perceive that there is a gap in prevention and wellness services for 18-25 year olds; specifically noting that there are no prevention or wellness programs for those transitioning from high school to college and no prevention or wellness programs aimed at non-college students (<i>Data Source: Young Adult Prevention Initiative Focus Group Data, 2012</i>).</li> <li>Lancaster's 18-25 year olds, social service and AOD prevention and treatment providers identified several gaps in community support of 18-25 year olds: functional workplace training, coping skills training, community activities, mentoring programs, and fun/free activities for young adults (<i>Data Source: Young Adult Prevention Initiative Focus Group Data, 2012</i>).</li> </ul>	<p><b>Media (Information Dissemination)</b></p> <p><b>Media</b></p> <p>Using <b>community-based processes</b> to develop infrastructure to support wellness and healthy lifestyle choices for 18-25 year olds</p> <p>Developing <b>policies/best practices</b> and infrastructure for prevention and wellness services for 18-25 year olds.</p>