

OHIO ATR HIGHLIGHTS

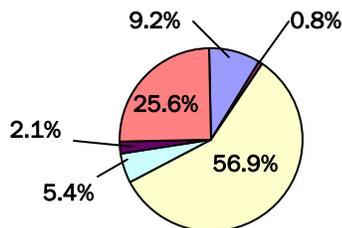
SPRING 2009

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Department of Alcohol & Addiction Services

ATR Service Distribution, Client Numbers



- Clinical Treatment
- Medical Services
- Case Mngt. Recovery Support Services
- Aftercare Recovery Support Services
- Education Recovery Support Services
- Peer-to-Peer Recovery Support Services

Ohio's Distinguished Achievement

Ohio was one of seven ATR grantees that successfully met all criteria outlined in the supplemental performance award requirements — 125% of client intake goals, 80% of client Government Performance Results and Accountability data and full expenditure of grant dollars. The award is an additional \$400,000 to Ohio's ATR program earmarked for military service men and women returning from combat.

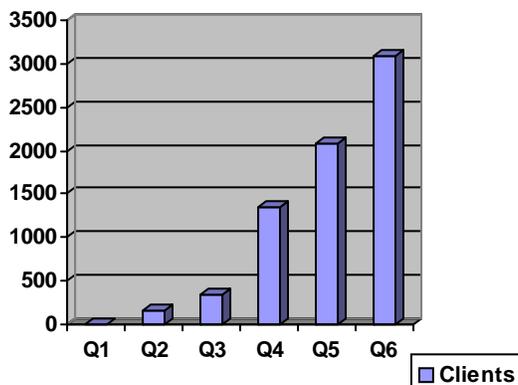
The other six recipients are Alaska (South Central), Connecticut, Indiana, Iowa, Missouri and Washington State.

Over the past two years, Ohio has funneled approximately \$5million into the four ATR counties for the payment of treatment and recovery support services.

Client Target vs. Clients Served, March 31, 2009



Ohio ATR Clients Served as of March 31, 2009 (3,087)



Ohio Presents at National ATR Conference

The Ohio Department of Alcohol and Drug Addiction Services (ODADAS), the Cabinet-level state agency that oversees funding and certification for the state's alcohol and other drug treatment and prevention system and that administers Ohio's ATR program, was honored to be asked to participate in this year's annual Access to Recovery Grantee Meeting, held in Baltimore from May 27-29.

The purpose of this year's conference, which was titled "Building for Sustainability," was to provide participants with the skills needed to manage program components of their grant projects; explore ATR as a sustainable vehicle through a recovery-oriented systems of care paradigm; teach participants how to ensure outcomes; and provide peer information exchange and networking opportunities to grantees.

ODADAS was selected on the strength of its innovative and highly-structured homegrown web-based application that tracks ATR clients from assessment to discharge and throughout every stage of intervention. Representing the department were Bill Derikart, Management Information Systems programmer/analyst IV and Malanda Lawrence, fiscal coordinator.

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Ohio Exceeds Client Target

The Ohio Choice for Recovery program targets adults who are involved with the criminal justice population and have an alcohol or other drug diagnosis that is either current or in remission. The program serves Cuyahoga (Cleveland), Stark (Canton), Summit (Akron), and Mahoning (Youngstown) Counties.

This quarter, the project launched an ATR awareness campaign utilizing radio public service announcements that fuel continued growth in client intake numbers. The Ohio ATR project has served a cumulative total of 3,087 clients, exceeding its target of 2,426 by 661 and sustaining its strong trend per quarter. The project also has demonstrated that it is having a positive impact on the clients it serves. A comparison of the intake versus discharge data for Ohio's ATR clients shows that a 34.5% increase in the abstinence rate.

(Ohio Presents at National ATR Conference, cont'd.)

Derikart presented information on the Department's Access to recovery (ATR) voucher management system. Derikart's presentation focused on Ohio's voucher management system (VMS), specifically on data entry processes, built-in billing rules, automated auditing and data reporting capabilities contained within the VMS and how these features capture and report instances of fraud, waste and/or abuse.

Lawrence presented on the topic of Grantee Financial Management. Her remarks centered on how ODADAS uses fiscal data and reports to make data driven decisions. The reports allow the ATR management staff to determine where services are needed, what services are requested most often, the funding targets for each month and the client targets for each month.

Importance of Motivational Interviewing

Motivational interviewing is a directive, client-centered counseling style for eliciting behavior change by helping clients to explore and resolve ambivalence. Compared with nondirective counseling, it is more focused and goal-directed.*

To assist ATR providers in the practice of this technique, ODADAS contracted with ECH Consulting Services to provide a Motivational Interviewing Workshop in February of this year and a follow up technical assistance site visit in April to two of the ATR benefit coordination sites — The Cleveland and Akron Oriana House locations.

A successful ATR motivational interview, according to ECH, is dependent upon benefit coordinators :

- Building solidly-founded relationship with clients
- Increasing client motivation, engagement and retention
- Recognizing client change readiness
- Communicating free choice
- Integrating involvement from significant others

During observations of the benefit coordination process at both locations, agency staff demonstrated a thorough understanding of Ohio's ATR program and were able to explain it accurately, even when a client was very unfamiliar with the format; motivational interviewing builds a solid, nonjudgmental, collaborative rapport with the clients. In one instance, observation during the TA uncovered two potential barriers to client confidentiality (shared office space for client interviews and window-facing computer screen). In another example, the staff member demonstrated sensitivity and concern for a client's young child who was present during the interview.

These encounters demonstrated a humanistic and client-centered approaches that enhanced clients' experiences and strengthened client engagement.

* *Addiction Technology Transfer Centers*

If you would like more information about Ohio's Access to Recovery program, please contact Alisia Clark at 614-466-8036 or AClark@ada.ohio.gov.