

# Innovative Mental Health Programs for Ohio's Youth & Young Adults in Transition

## **Lighthouse Training Institute: Program Description**

Lighthouse is part of a network of services for youth and young adults in transition, many of whom have mental health issues. With the Independent Living Program, the agency began placing youth from the foster care system in their own apartments in 1981 and has added shared homes, supervised apartments and others to its continuum of housing options. In a partnership with the HCMHB and Greater Cincinnati Behavioral Health Services, the agency created the Transitional Youth Program, which provides housing, case-management and mental health services for youth with serious mental health diagnoses. Since 1990, the agency has also provided housing and support services for young adults, 18-22, from the adult homeless system. The agency added a Shelter Plus Care component, which provides housing support to up to 65 young adults with mental health or chemical dependency diagnoses. The agency can also provide individual support services for youth living independently, which provided one-on-one contact, sometimes on a daily basis. Our Lighthouse "Transition System" includes:

- Self-sufficiency Training: 52 hours of training for youth ages 16-18 in foster care.
- Youth Crisis Center (YCC): A 24-hour accessible emergency residential care facility offering crisis intervention, respite, family and individual counseling for youth ages 10-17.
- Youth Outreach Program/Anthony House: Services for street youth aimed to connect them with needed resources.
- Independent Living Program (ILP): Housing and support services for youth ages 16-19 in public agency custody.
- Transitional Youth Program (TYP): A collaborative program of the Hamilton County Mental Health Board, Greater Cincinnati Behavioral Health Services and Lighthouse that provides services for youth ages 16-21 with mental health issues.
- Emancipated Youth Program (EYP): A Collaborative program of Hamilton County Children's Services and Lighthouse that provides services for youth 18 and over who need assistance after being discharged from county custody.
- Transitional Living Program (TLP): Housing & support services for homeless young adults.
- Shelter Plus Care (S+C): Services for homeless young adults 18 and older with mental health or chemical dependency issues.
- Wrap Around Services: Individualized short-term services for special needs children and youth.
- Re-entry Program: Transitional services for incarcerated youth and young adults.

## **Financial Resources**

The above programs are funded by purchase of service contracts, local, state and national grants, foundation support and private donations.

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