

# Innovative Mental Health Programs for Ohio's Youth & Young Adults in Transition

## **Assertive Community Treatment: Program Description**

Beech Brook's Transitional Youth Assertive Community Treatment (ACT) team is a high-fidelity, multidisciplinary team approach to providing comprehensive, community-based services for youth and young adults. The intent is to maximize each individual's recovery and to promote success in employment, housing, and the community.

### **Eligibility / Persons Served – persons between the ages of 16-22 who:**

- are experiencing symptoms or major functional impairments because of severe and persistent mental illness;
- have a primary diagnosis of schizophrenia, schizoaffective disorder, bipolar disorder or major depressive disorder recurrent;
- have high service needs as evidenced by psychiatric hospitalizations, frequent use of psychiatric emergency services, and/or stays in residential treatment or therapeutic foster care;
- are experiencing moderate to major functional impairment in the areas of activities of daily living, employment, education, home-making, and/or social, community, interpersonal functioning;
- have symptoms of severe mental illness that have not responded to traditional treatment.

## **Services Include:**

### **ODMH Certified Services**

- Behavioral health counseling and therapy
- Mental health assessment
- Pharmacologic management
- Community psychiatric support treatment

### **Other Services**

- Peer support
- Mental health crisis response
- Substance abuse support
- Supported employment

## **Operational Resources**

Staffing includes a team leader, RN, substance abuse specialist, vocational specialist, peer support specialist, case managers, psychiatrist, and an administrative assistant – serving 50 clients.

## **Financial Resources**

Non-Medicaid funding from the Cuyahoga County Community Mental Health Board, and grant funding from the Margaret Clark Morgan Foundation; previously, grant funding from the Woodruff Foundation, and Sisters of Charity Foundation. ODMH certified services are billable to Medicaid.



## **Contact Information:**

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