

# ODH Tobacco Products

## Disabilities

### DISABILITY POSTER

#### WHEELCHAIR

“Cancer doesn’t discriminate”

Break Free From Tobacco with Ohio Quit Line

8.5” x 11” Item #: DisWC8

11” x 17” Item #: DisWC11

1 package contains: 25 Posters

Limit: 50 (2 Packs)



### DISABILITY POSTER

#### WALL ART

Disability symbol combined with no-smoking symbol

Break Free From Tobacco with Ohio Quit Line

8.5” x 11” Item #: DisGraf8

11” x 17” Item #: DisGraf11

1 package contains: 25 Posters

Limit: 50 (2 Packs)



# DISABILITY BROCHURE INFORMATION ON QUITTING TOBACCO FOR PEOPLE WITH DISABILITIES AND THEIR CAREGIVERS

Tri-fold brochure

Broken into two sections; one for caregivers with statistics and cessation strategy and another section for the disabled with important reasons to quit.

**Item #: DisBro**  
**Sizes: 8.5" x 11" Tri-fold**  
**1 package contains: 25 Brochures**  
**Limit: 250 (10 Packs)**

### FOR PEOPLE WITH DISABILITIES:

Why is it important for me to quit smoking or other tobacco use?  
 • My heart strength and blood vessels allowing me to move more easily.  
 • The reduction of pain and stress and a fight to allow for less pain medications.  
 • An increase in my breathing and exercise allowing me to move for health and fitness.  
 • I feel better in my eyes.  
 • My food and drink taste good and no more of that awful smell in my home.  
 • My chance of heart attack and stroke allows me to live longer and enjoy my life and be able to help you one year of being smoke-free.

How doctors can help you quit:  
 • Medication to ease nicotine.  
 • How well quitting makes a difference in how I feel?  
 • What is the first step I can take to quit?  
 • How long does it take to quit for good?  
 • Is there someone I can talk to help me quit that has the same life?  
 • What are the cost of support I can look for?  
 • How can I stay quit?

### FOR CAREGIVERS:

It is a common goal of disabled persons to quit tobacco.

A person with a disability has a long history of being denied the right to make their own choices. For all disabilities, it is possible to quit smoking by using the right person, the right resources, and the right information. If you have a disability to help address the person's health care needs.

Did you know?  
 • People with overall disabilities are an average of 2.5 times more likely than the general population to be cigarette smokers.  
 • Smoking rates are decreasing among higher (HIV) persons with any disability in the general population (20% annual).  
 • People with overall disabilities are 20% of the population in tobacco and consume 40% of the cigarettes smoked in the U.S.  
 • Americans receive 20% of their health care payments from disabled persons.

Why is it important to assist tobacco use patients with disabilities?  
 • Approximately 70 percent of people with disabilities want to quit smoking. This is the same as people without disabilities.  
 • Tobacco use is a leading cause of death. Diseases directly related to tobacco use and tobacco related activities are preventable, including heart disease, cancer, and emphysema.  
 • Smoking is a major cause of preventable health conditions and is very costly, often the total expense for the treatment of many conditions.

How do I help people with disabilities quit tobacco?  
 • **1. ASK** about tobacco use and involvement.  
 • **2. ADVISE** patient to quit.  
 • **3. ASSIST** if the person is willing to try a quit attempt with the goal of a quit attempt full support to quit.  
 • **4. ASSESS** if the person is willing to try a quit attempt with the goal of a quit attempt full support to quit.

**4. ASSESS** if the person is following quit attempt.  
 • Make sure people are following up.  
 • Ask through time the patient will be successful in quitting.  
 • Ask the patient if they need dependent on that information.  
 • Ask the patient if they need dependent on that information.

**4. ASSESS** if the person is following quit attempt.  
 • Ask if the person is following up.  
 • Ask through time the patient will be successful in quitting.  
 • Ask the patient if they need dependent on that information.  
 • Ask the patient if they need dependent on that information.

The "5 A's" strategy is considered the "gold standard" for tobacco cessation.

# Disabilities Tobacco Order Form

Organization \_\_\_\_\_

Last Name \_\_\_\_\_

First Name \_\_\_\_\_

Address \_\_\_\_\_ Suite \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

Date Ordered \_\_\_\_\_

<b>Item Name/No.</b>	<b>Size</b> (put "N/A" if there is only one size)	<b>Quantity</b> (If product comes in packages please note that below)

All materials are free and subject to availability. Please allow at least one week for ODH to process and ship your order.

Please email request with the following information to [tobaccoprevention@odh.ohio.gov](mailto:tobaccoprevention@odh.ohio.gov)