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Developmental Disabilities
Mental Health & Addiction Services

Vision statement:

To advance Trauma-Informed Care (TIC) in Ohio.

Mission Statement:

To expand opportunities for Ohioans to receive trauma-informed interventions by enhancing efforts for practitioners, facilities and agencies to become competent in trauma informed practices.

Trauma-informed care (TIC): Is an approach that explicitly acknowledges the role trauma plays in people's lives. TIC means that every part of an organization or program understands the impact of trauma on the individuals they serve and promotes cultural and organization change in responding to the consumers/clients served.

Goals:

- Recognize trauma as a public health concern by increasing awareness of trauma's impact on the emotional and physical well-being of Ohioans.
- Utilize a public health model to support environmental strategies for prevention, identification, intervention and support.
- Provide appropriate training, skill development, and support for persons who have contact with individuals who have experienced trauma.
- Promote regional learning communities, networks and training events, to assist in developing inpatient and outpatient systems of care that are knowledgeable and informed about trauma practices, through local and national consultation.
- Interface with Other Health and Human Services Cabinet Agencies regarding TIC in Ohio
- Promote Trauma-informed care principles that are:
 - Based on a public health model
 - Culturally and intellectually sensitive
 - Developmentally appropriate
- Support of cross-system collaboration regarding trauma-informed care and based upon sound data and fiscal strategies.
- Enhance community based capacity to deliver trauma-informed evidence-based practices.
- Support communities in developing comprehensive workforce investment strategies.
- Support trauma-informed care and policies that are driven by outcomes.

**Visit the OhioMHAS website at:
<http://mha.ohio.gov/Default.aspx?tabid=104>**

Priorities

1. Statewide needs assessment

- a. Identify needs of TIC of the behavioral health system.
- b. Identify organizational readiness of systems and workers on the principles of trauma-informed care and trauma-informed practices.

2. TIC Summit

- a. Thematic statewide training for Clinical and Administrative leaders; Regional breakouts.
- b. Develop regional groups to advance TIC within regions, to encompass all 88 counties.

3. Regional TIC workgroups/Team Activities

- a. Identify strengths, champions and areas of excellence as resources in TIC implementation.
- b. Identify gaps, weaknesses and barriers for implementation of TIC.
- c. Develop a repository of expertise, knowledge, and shared resources which will assist in dissemination of information and support the implementation of TIC throughout state, assuring that TI opportunities are available everywhere.
- d. Train individuals to serve as local/regional/state faculty to assist in the dissemination of TIC.
- e. Develop specialty groups as indicated such as DD, Child, Older Adult, AoD.
- f. Identify/Develop a self-assessment measure/instrument to evaluate trauma-informed practice including: a] Continuing education, training and staff competence b] policies and procedures; c] response tactics/mechanisms; d] availability of resources for staff, employees, consumers; and, e] management commitment to implementation.
- g. Facilitate cultural change within organizations by addressing gaps and barriers and taking effective steps based on the science of implementation.
- h. Complete NCTIC training in Ohio MHAS Regional Psychiatric Hospitals and outpatient facilities (CSN).
- i. Complete NCTIC Training in Developmental Centers.
- j. Complete TIC training for appropriate DODD and Ohio MHAS Central Office staff.

4. Communications Plan

- a. Develop and implement a statewide public information, education and awareness campaign on trauma and its association to health and behavioral health.
- b. Develop a web-based clearinghouse to streamline the availability of resource materials, training and technical assistance on trauma and trauma-informed practices.