



Screening, Brief Intervention & Referral to Treatment





Promoting Wellness and Recovery



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Introduction To SBIRT

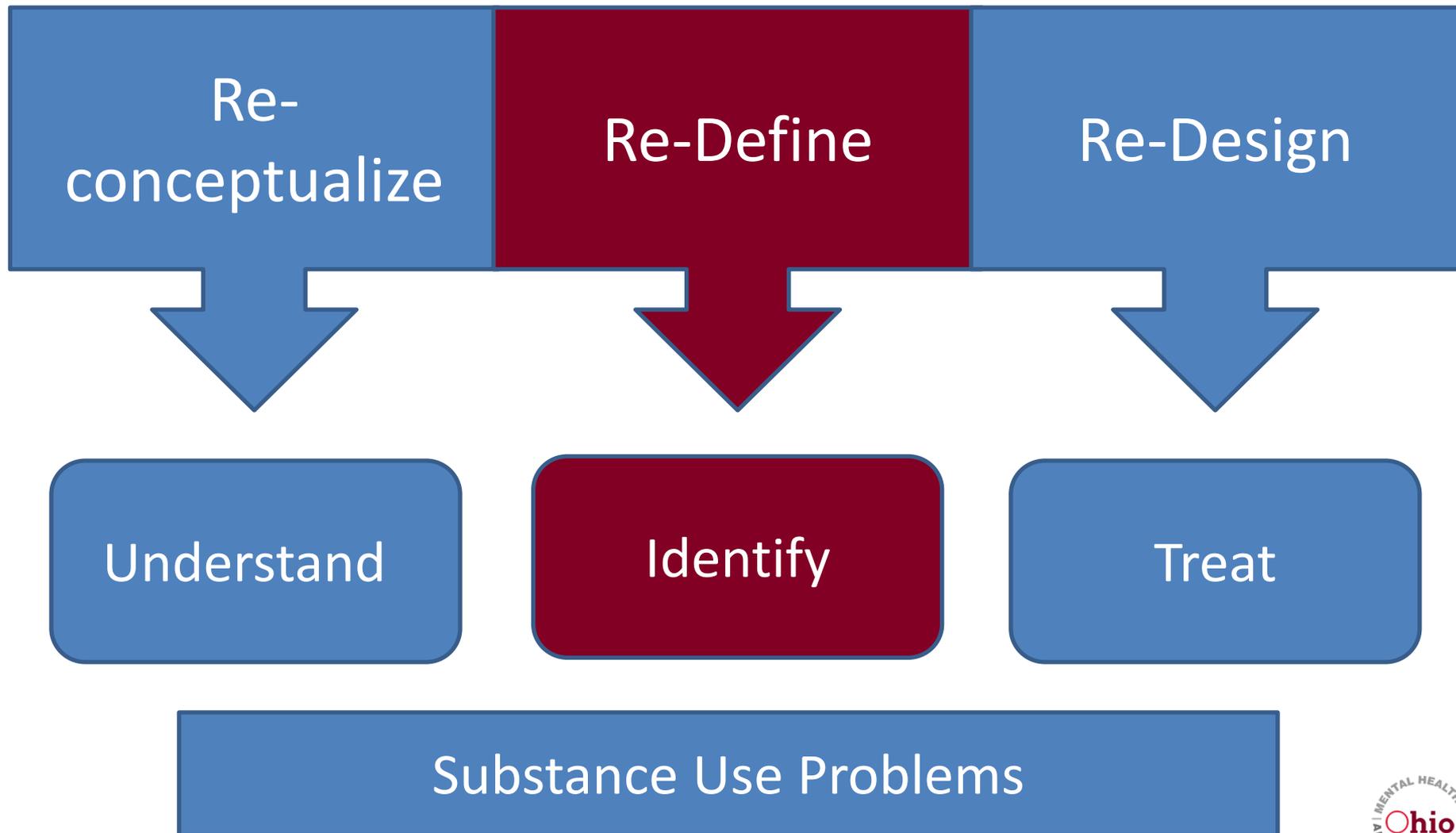
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What is SBIRT?

- Screening, Brief Intervention, and Referral to Treatment is a systems change initiative that is in the business of health behavior change
- SBIRT is new approach to understanding, identifying, and treating substance use problems through the public health model

A New Initiative



Traditional Model

Substance Use Services have been bifurcated, focusing on two areas only:

Primary
Prevention

Precluding
or delaying

Children

Tertiary
Treatment

Time, cost,
labor intensive

Acutely or
Chronically Ill

Understanding the Problem

Substance Use
Problem



Substance Use
Disorders

Substance Use Is



A Public Health Problem

Learning from Public Health

Routinely
Screen



Potential
problems

Provide
preventative
services



Prior to the
onset of acute
symptoms

Delay and
preclude



Development
of chronic
conditions

The SBIRT Concept

SBIRT uses a public health approach to universal screening for substance use problems.



Primary Goal

Primary Goal of SBIRT



To identify those who have a substance use disorder and need higher levels of care.



To identify those who are at moderate or high risk for psychosocial or health care problems related to their substance use choices.

The SBIRT Model

Substance Use
Problem



Comparision

The Current Model

Substance Use
Problem

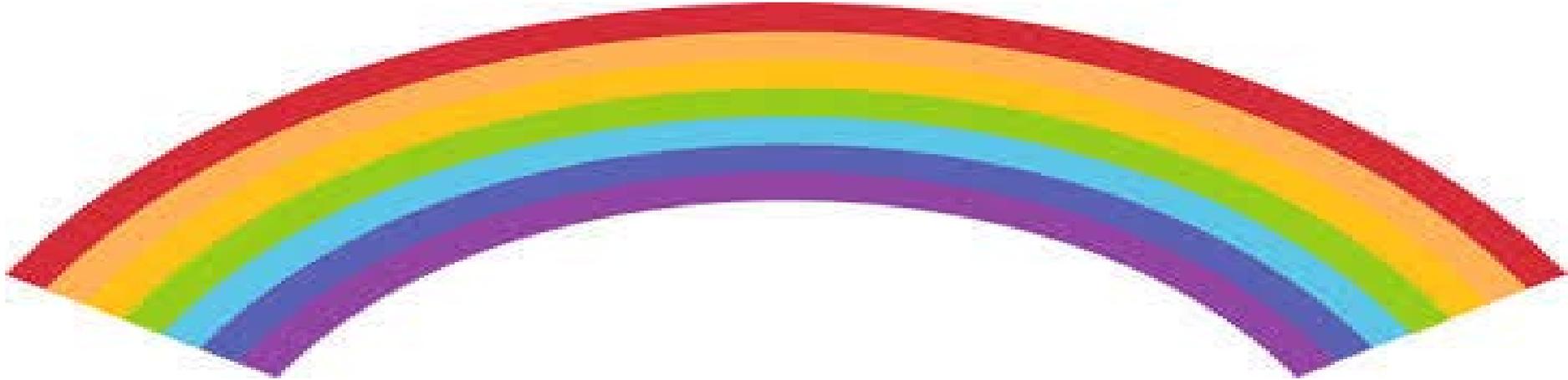


The SBIRT Model

Substance Use
Problem



A Continuum of Interventions



Primary Prevention

Preclude or Delay
the onset of
substance use

Secondary
Prevention and
Intervention
Time, cost, and labor
sensitive care to
patients who are at
risk for psycho-social
or healthcare
problems

Tertiary
Treatment
Time, cost, and
labor intensive care
to patients who are
acutely or
chronically ill with a
substance use
disorder

The Moving Parts

Pre-Screening

- Universal

Full-Screen

- for those with a positive pre-screen

Brief Intervention

- for those scoring over the cut off point

Brief Treatment

- for those who have moderate risk, high risk, abuse, or dependence
- would benefit from ongoing, targeted interventions, and are willing to engage

Traditional Treatment

- for those who are dependent and are willing to engage

Let's Review

SBIRT is a....

Systems change initiative focused on
health behavior change

SBIRT requires us to....



our entire approach to substance use problems
and services.

Let's Review

SBIRT uses a public health approach.



Let's Review

The Current Model

Substance Use
Problem



The SBIRT Model

Substance Use
Problem



Let's Review

SBIRT recognizes



A Full Continuum

Behaviors

Problems

Interventions

For More Information

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