

“ I learned so much that I can apply and I feel so energized to take what I learned back.”

- JS, hospice worker

Finding Hope Consulting, LLC

founded by Mary Vicario in 2007, addresses the gap in training available to communities by turning current brain chemistry research into practical interventions for children and people with developmental disabilities who have experienced trauma. Through interactive and entertaining training, Finding Hope brings neurobiology to life using common language and interventions for clinicians, caseworkers, birth and foster parents, developmental disabilities service providers and others. In addition to training, Finding Hope provides “theory to practice” consultation to help you immediately apply your learning in your daily interactions with those you serve.

“This is the best training I have been to in 35 years as an educator!”

Hardwired for Connection, Healing, Resiliency, and Hope:

A Trauma Treatment Framework

This training coordinates trauma informed care into a framework that can be used by anyone working with those who have experienced trauma.

Translating Trauma: Interventions to Treat Early Childhood or Preverbal Trauma

This training explores how the quality of early childhood relationships affects all aspects of development, the healing power of empathic connection, and ways to help young children and their caregivers use the healing power of connection to successfully resolve early childhood trauma.

Biographical Timeline

A Trauma-Informed Biographical Timeline is a tool for generating a better understanding of the whole person by mapping their story to identify their strengths and needs for planning more focused supports and services. This training helps you use the timeline with foster families and treatment teams to develop coordinated care and supports for individuals with complex needs.

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Play Therapy with Abused Children

Clinicians will learn play therapy interventions that focus on relational and developmental healing needed to facilitate posttraumatic growth.

The Good, The Bad and the Auditor: Strength-Based, Trauma Informed Diagnosis, Treatment Planning and Documentation

Come and learn ways to build strength based documentation structure that supports your treatment, highlights progress and meets third party payer requirements.

RAD: Reactive Attachment Disorder or Really Afraid Disorder?

This training will explore the traditional (pre-neuroscience) beliefs and approaches to attachment challenged youth, as well as the developing neuroscience based approach to understanding and treating fear based dysregulation that disrupts a child’s ability to attach.

Applied Suicide Intervention Skills Training (ASIST)

ASIST, the most widely used suicide intervention-training program in the world, is for anyone who wants to help prevent the immediate risk of suicide. Additional information is available at <http://www.livingworks.net/flash/asist.html>.

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Workbook

This practical workbook explains the neurobiology of trauma in lay terms and then offers interventions for some of the most common concerns of parents and those who work with traumatized children and individuals. **Cost \$25 plus \$5 S&H**

Trainings

This brochure contains some of the most requested trainings by Mary Vicario and Carol Hudgins-Mitchell of Finding Hope.

Fostering Healing, Resiliency and Hope for Traumatized Children: Foster Parent Survival Guide

This is a **lively** and **interactive** training based on the popular workbook, *The Foster Parents' Survival Guide* that brings to life the neuroscience of trauma and the healing power of relationships. This training and workbook also provide self-care for caregivers and service providers, so they have what they need to assist with the important journey of healing. Finding Hope Consulting, LLC provides additional training and consultation on how to make the most of this workbook.

Consultation

Finding Hope offers one-on-one and group consultation and can work with your organization to identify and address your specific needs.

"Now, I understand Trauma!"

- Participant from March 27, 2014 PAR training



Finding Hope translates cutting edge relational neuroscience into everyday activities that anyone can use to promote **healing, resiliency** and **hope** for individuals, families and communities.

Contact us to set up training or consultation
and to order workbooks:

findinghopeconsulting@gmail.com

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Training & Consultation

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