

Comparison of Selected Interventions

Search criteria: trauma

Date of Search: 05/15/2014

Intervention Title	Outcomes	Ages	Races/Ethnicities	Settings
A Woman's Path to Recovery (Based on A Woman's Addiction Workbook)	Review Date: December 2007 1: Substance use 2: Global clinical improvement 3: Impulsive and addictive behavior 4: Knowledge of workbook concepts	26-55 (Adult)	Hispanic or Latino White	Outpatient
Attachment-Based Family Therapy (ABFT)	Review Date: September 2012 1: Major depressive disorder 2: Depression symptoms 3: Suicidal ideation 4: Anxiety symptoms 5: Treatment session attendance	13-17 (Adolescent)	Black or African American White Race/ethnicity unspecified	Outpatient
Border Binge-Drinking Reduction Program	Review Date: November 2006 1: Americans arrested in Tijuana, Mexico, for alcohol-related violations 2: Number of Tijuana bars with a majority of American patrons 3: Number of nighttime alcohol-related crashes 4: Number of youth crossing into Tijuana to drink 5: Number of youth returning from Tijuana with high BAC	18-25 (Young adult) 26-55 (Adult)	Data were not reported/available	Other community settings
Boston Consortium Model: Trauma-Informed Substance Abuse Treatment for Women	Review Date: August 2009 1: Substance use and related problem severity 2: Mental health symptomatology 3: Posttraumatic stress symptoms 4: HIV sexual risk behaviors 5: Perceived power in one's relationship	26-55 (Adult)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	Residential Outpatient
Child and Family Traumatic Stress Intervention	Review Date: July 2012 1: Posttraumatic stress symptoms 2: Anxiety symptoms 3: Posttraumatic stress disorder diagnostic symptoms	6-12 (Childhood) 13-17 (Adolescent)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	Outpatient
Child-Parent Psychotherapy (CPP)	Review Date: June 2010 1: Child PTSD symptoms 2: Child behavior problems 3: Children's representational models 4: Attachment security 5: Maternal PTSD symptoms 6: Maternal mental health symptoms other than PTSD symptoms	0-5 (Early childhood) 18-25 (Young adult) 26-55 (Adult)	Asian Black or African American Hispanic or Latino White Race/ethnicity unspecified	Home Other community settings

Cognitive Behavioral Intervention for Trauma in Schools (CBITS)	Review Date: March 2010 1: PTSD symptoms 2: Depression symptoms 3: Psychosocial dysfunction	6-12 (Childhood)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	School
Combined Parent-Child Cognitive Behavioral Therapy (CPC-CBT): Empowering Families Who Are at Risk for Physical Abuse	Review Date: April 2011 1: Children's PTSD symptoms 2: Parenting skills	6-12 (Childhood) 13-17 (Adolescent) 18-25 (Young adult) 26-55 (Adult)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	Outpatient
Coordinated Anxiety Learning and Management (CALM) Tools for Living Program	Review Date: July 2012 1: General symptoms of anxiety 2: Disorder-specific symptoms of anxiety 3: Symptoms of depression 4: Functional status	18-25 (Young adult) 26-55 (Adult) 55+ (Older adult)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	Outpatient
Eye Movement Desensitization and Reprocessing	Review Date: October 2010 1: PTSD symptoms 2: Anxiety symptoms 3: Depression symptoms 4: Global mental health functioning	18-25 (Young adult) 26-55 (Adult) 55+ (Older adult)	American Indian or Alaska Native Black or African American Hispanic or Latino White Race/ethnicity unspecified	Outpatient
Family Centered Treatment (FCT)	Review Date: October 2013 1: Recidivism 2: Posttreatment placement 3: Cost-effectiveness	13-17 (Adolescent)	Black or African American Hispanic or Latino White	Home Other community settings
Forever Free	Review Date: December 2006 1: Drug use 2: Parole outcomes 3: Employment after incarceration	26-55 (Adult)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	Correctional
FRIENDS Program	Review Date: July 2012 1: Anxiety 2: Depression 3: Coping 4: Social-emotional strength	0-5 (Early childhood) 6-12 (Childhood) 13-17 (Adolescent)	Non-U.S. population	School
Grief and Trauma Intervention (GTI) for Children	Review Date: November 2011 1: Posttraumatic stress symptoms 2: Depression symptoms 3: Internalizing and externalizing behaviors	6-12 (Childhood)	American Indian or Alaska Native Black or African American Hispanic or Latino White	Home School
Helping Women Recover and Beyond Trauma	Review Date: June 2010 1: Substance use 2: Aftercare retention and completion 3: Reincarceration	26-55 (Adult)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	Correctional
I Feel Better Now! Program	Review Date: September 2011 1: Trauma-related symptoms 2: Problem behaviors	6-12 (Childhood)	Hispanic or Latino Race/ethnicity unspecified	School
ICCD Clubhouse Model	Review Date: August 2010 1: Employment 2: Quality of life	18-25 (Young adult)	American Indian or Alaska Native Asian	Other community settings

	3: Perceived recovery from a mental health problem	26-55 (Adult) 55+ (Older adult)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	
IMPACT (Improving Mood--Promoting Access to Collaborative Treatment)	Review Date: June 2012 1: Severity of depression 2: Functional impairment 3: Health-related quality of life Review Date: August 2007 1: Severity of depression 2: Functional impairment	18-25 (Young adult) 26-55 (Adult) 55+ (Older adult)	American Indian or Alaska Native Asian Black or African American Hispanic or Latino Native Hawaiian or other Pacific Islander White Race/ethnicity unspecified	Outpatient Other community settings
Interactive Journaling	Review Date: February 2013 1: Recidivism	18-25 (Young adult) 26-55 (Adult) 55+ (Older adult)	American Indian or Alaska Native Black or African American White Race/ethnicity unspecified	Outpatient Correctional Other community settings
Kognito Family of Heroes	Review Date: July 2012 1: Preparedness to recognize signs of postdeployment stress 2: Preparedness to discuss concern with veteran and motivate him or her to seek help at a VA hospital or Vet center 3: Self-efficacy in motivating veteran to seek help at a VA hospital or Vet center 4: Intention to approach veteran to discuss concerns 5: Intention to mention the VA as a helpful resource	18-25 (Young adult) 26-55 (Adult) 55+ (Older adult)	American Indian or Alaska Native Asian Black or African American Hispanic or Latino White	Home
Living in the Face of Trauma (LIFT): An Intervention for Coping With HIV and Trauma	Review Date: December 2010 1: Traumatic stress symptoms 2: HIV sexual risk behaviors 3: Substance use	26-55 (Adult)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	Outpatient
Model Adolescent Suicide Prevention Program (MASPP)	Review Date: January 2012 1: Suicide attempts 2: Suicide gestures	6-12 (Childhood) 13-17 (Adolescent) 18-25 (Young adult)	American Indian or Alaska Native	Outpatient Home School Other community settings
Modified Therapeutic Community for Persons With Co-Occurring Disorders	Review Date: March 2008 1: Substance use 2: Criminal behavior 3: Psychological problems 4: Employment 5: Economic benefit 6: Housing stability	26-55 (Adult)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	Residential Outpatient Correctional
Preschool PTSD Treatment (PPT)	Review Date: August 2012 1: PTSD symptoms	0-5 (Early childhood) 6-12 (Childhood)	Black or African American White Race/ethnicity unspecified	Outpatient
Prolonged Exposure	Review Date: December 2007	18-25	Black or African American	Outpatient

Therapy for Posttraumatic Stress Disorders	<ol style="list-style-type: none"> 1: Severity of PTSD symptoms 2: Depression symptoms 3: Social adjustment 4: Anxiety symptoms 5: PTSD diagnostic status 	(Young adult) 26-55 (Adult) 55+ (Older adult)	White Race/ethnicity unspecified Non-U.S. population	Other community settings
Real Life Heroes	Review Date: December 2007 <ol style="list-style-type: none"> 1: Trauma symptoms 2: Problem behaviors 3: Feelings of security with primary caregiver 	6-12 (Childhood) 13-17 (Adolescent)	Data were not reported/available	Residential Outpatient Home
Ripple Effects Whole Spectrum Intervention System (Ripple Effects)	Review Date: February 2011 <ol style="list-style-type: none"> 1: School achievement 2: Resilience assets 	6-12 (Childhood) 13-17 (Adolescent)	American Indian or Alaska Native Asian Black or African American Hispanic or Latino White Race/ethnicity unspecified	School
Seeking Safety	Review Date: October 2006 <ol style="list-style-type: none"> 1: Substance use 2: Trauma-related symptoms 3: Psychopathology 4: Treatment retention 	13-17 (Adolescent) 18-25 (Young adult) 26-55 (Adult)	American Indian or Alaska Native Asian Black or African American Hispanic or Latino White Race/ethnicity unspecified	Inpatient Residential Outpatient
SITCAP-ART	Review Date: August 2010 <ol style="list-style-type: none"> 1: Trauma-related symptoms 2: Internalizing and externalizing behaviors 	13-17 (Adolescent) 18-25 (Young adult)	Black or African American White Race/ethnicity unspecified	Residential Outpatient
Surviving Cancer Competently Intervention Program	Review Date: December 2008 <ol style="list-style-type: none"> 1: Posttraumatic stress symptoms among teen survivors 2: Posttraumatic stress symptoms among parents 3: Current anxiety level of parents 	6-12 (Childhood) 13-17 (Adolescent) 18-25 (Young adult) 26-55 (Adult) 55+ (Older adult)	Asian Black or African American Hispanic or Latino White	Outpatient
Trauma Affect Regulation: Guide for Education and Therapy (TARGET)	Review Date: June 2012 <ol style="list-style-type: none"> 1: Disciplinary incidents 2: Disciplinary sanctions 3: Recidivism Review Date: October 2007 <ol style="list-style-type: none"> 1: Severity of posttraumatic stress disorder (PTSD) symptoms 2: PTSD diagnosis 3: Negative beliefs related to PTSD and attitudes toward PTSD symptoms 4: Severity of anxiety and depression symptoms 5: Self-efficacy related to sobriety 6: Emotion regulation 7: Health-related functioning 	13-17 (Adolescent) 18-25 (Young adult) 26-55 (Adult)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	Residential Outpatient Correctional Other community settings
Trauma Focused Coping (Multimodality)	Review Date: August 2011 <ol style="list-style-type: none"> 1: PTSD symptoms 	6-12 (Childhood)	American Indian or Alaska Native	School

Trauma Treatment)	2: Symptoms of depression 3: Anxiety 4: Anger 5: Locus of control 6: General mental health functioning related to trauma and its treatment	13-17 (Adolescent)	Asian Black or African American White	
Trauma Recovery and Empowerment Model (TREM)	Review Date: December 2006 1: Severity of problems related to substance use 2: Psychological problems/symptoms 3: Trauma symptoms	18-25 (Young adult) 26-55 (Adult)	American Indian or Alaska Native Black or African American Hispanic or Latino White Race/ethnicity unspecified	Residential Outpatient
Trauma-Focused Cognitive Behavioral Therapy (TF-CBT)	Review Date: June 2008 1: Child behavior problems 2: Child symptoms of posttraumatic stress disorder (PTSD) 3: Child depression 4: Child feelings of shame 5: Parental emotional reaction to child's experience of sexual abuse	0-5 (Early childhood) 6-12 (Childhood) 13-17 (Adolescent) 26-55 (Adult)	Black or African American Hispanic or Latino White Race/ethnicity unspecified	Outpatient
Traumatic Incident Reduction	Review Date: October 2011 1: PTSD symptoms 2: Depression 3: Anxiety 4: Expectancy of success	13-17 (Adolescent) 18-25 (Young adult) 26-55 (Adult) 55+ (Older adult)	Black or African American Hispanic or Latino White Non-U.S. population	Outpatient Correctional