

Ohio Prevention Efforts Earn National Honors

CADCA Names OhioMHAS its 2014 Outstanding State Member; Butler County Coalition Director Named Advocate of the Year

Community Anti-Drug Coalitions of America (CADCA) named the Ohio Department of Mental Health and Addiction Services (OhioMHAS) its 2014 *Outstanding State Member* during the 24th annual National Leadership Forum Feb. 3-6 in National Harbor, Md. This prestigious award recognizes an outstanding state program that has made significant contributions to community-based drug prevention coalitions in its state and has helped support CADCA's mission of creating safe, healthy and drug-free communities. The award recognized OhioMHAS for its commitment to community substance abuse prevention and strong support of Drug-Free Communities (DFC). Ohio has been a member of CADCA for nearly 20 years. Throughout this time, staff have collaborated with CADCA for training, technical assistance and advocacy issues. The Department has also collaborated with the Drug Free Action Alliance to increase coalition excellence and further assist the nearly 100 community coalitions in the state.

CADCA Chairman and CEO, Gen. Arthur T. Dean, said, "We are very fortunate to have partners like the Ohio Department of Mental

"We are very fortunate to have partners like [OhioMHAS] who understand the importance of community-based drug prevention...Together we can help create safer and healthier communities for our young people."

— Gen. Arthur T. Dean
CADCA Chairman and CEO

Health and Addiction Services who understand the importance of community-based drug prevention and support the efforts of local community anti-drug coalitions in their state." He added, "Together, we can help create safer and healthier communities for our young people."



(l-r) CADCA Chairman and CEO Gen. Arthur T. Dean presents the "Outstanding State Member" award to OhioMHAS Office of Prevention and Wellness staff: Capt. Matthew Toomey, civil operator, Ohio National Guard Counter-drug Task Force; Prevention Systems Manager Dawn Thomas; Bureau of Prevention Chief Molly Stone; and Deputy Director of Prevention and Wellness Dr. Tammy Collins. Inset: Karen Murray, director of the Butler County Coalition for Healthy, Safe and Drug-Free Communities, shares brief remarks after being named one of three national "Advocate of the Year" award recipients.

CADCA also recognized Butler County Coalition for Healthy, Safe and Drug-Free Communities Director Karen Murray as one of three national *Advocates of the Year*. The award recognizes substance abuse prevention leaders who are exceptional advocates for the drug prevention field, forging relationships and educating their elected officials throughout the year about key substance abuse-related issues and helping to ensure that members of Congress understand the importance of community coalitions. Murray got her start in coalition building as Director of Health Education at Miami University in 1997. She

coordinated the school's involvement in the Ohio College Initiative to Reduce Binge Drinking and helped to establish the Coalition for a Healthy Community Oxford-Area.

CADCA's National Leadership Forum is the nation's largest training for substance abuse prevention and treatment professionals and researchers. For more information about CADCA and the annual Leadership Forum, click [here](#).

CELEBRATING BLACK HISTORY MONTH

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A DREAM WORTH HAVING IS A REALITY WORTH WORKING ON

Ohio Citizen Advocates Unveils New Name, New Mission

One of Ohio's most active behavioral health advocacy organizations is changing its name and mission to reflect a renewed focus on alcohol and other drug addiction recovery.

Ohio Citizen Advocates (formerly Ohio Citizen Advocates for Chemical Dependency Prevention and Treatment) announced in early February that it will rebrand itself as **Ohio Citizen Advocates for Addiction Recovery (OCAAR)**. Despite the changes, the organization remains committed to continuing its

13-year history of working to organize, mobilize and raise the recovery voice in Ohio, CEO Donna Conley said.

"Five years ago we were intentional about adding people to our governing board who were in recovery; now we are intentional about having a majority of our board members in long-term recovery. Our purpose had clearly evolved to a focus on recovery — finding recovery, sustaining recovery, supporting recovery and celebrating recovery," Conley explained. She added, "And then we realized that our name did not clearly convey who we are."

The organization's new mission is to promote recovery from addiction to alcohol and other drugs by:

- Eliminating barriers to recovery resulting from the stigma and discrimination associated with addiction;

- Increasing access to recovery support services;
- Advocating for a system of care that supports recovery throughout the lifespan; and
- Supporting the development of addiction recovery advocates and leadership within the recovery community.

Seventy-seven percent of OCAAR's Board of Directors are persons in long-term recovery who provide a broad recovery perspective from commu-

nities throughout Ohio. As a Recovery Community Organization, OCAAR's board members and staff actively work to reduce stigma and increase public awareness of the truth about addiction and that recovery is possible through advocacy training, public education, leadership development, peer supporter certification training and organizing statewide recovery events.

"Our work has taken us to many exciting places," Conley said. "Along the way we have developed many important national, state and local relationships that provide us with a platform to promote a recovery agenda."

Contact OCAAR:

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614/486-2430
advocate@oca-ohio.org
www.oca-ohio.org

OHIO CITIZEN ADVOCATES
FOR ADDICTION RECOVERY

Governor Kasich Recognized for Support of People with Addictions and Mental Illness

The National Council for Behavioral Health, the unifying voice for America's community mental health and substance use treatment organizations, has awarded its 2014 "Elected Official in Advocacy"

award to Ohio Gov. John R. Kasich. The national honor recognizes Gov. Kasich for his strong advocacy to extend eligibility for Medicaid in Ohio,

benefiting thousands of Ohioans with addiction and mental illness. An estimated 60,000 people with addiction disorders and another 55,000 with mental illnesses will be covered as a result of Medicaid expansion. Linda Rosenberg, president and CEO of the National Council, commented on the Governor's leadership in the award announcement, stating, "This fearless battle to do the right thing is an inspiration to many. More people with mental illness and substance use disorders and their families now have a chance to get better and lead full lives. They will always be grateful to their Governor."



Gov. John Kasich

Ohio BWC Working to Curb Opiate Abuse

The Ohio Bureau of Workers' Compensation (BWC) has stepped up monitoring of the millions of doses of pain pills prescribed to injured workers every year as the agency tries to control costs and fight prescription drug abuse. Starting this month, the state-run insurance program for injured workers said it no longer covers prescriptions for controlled substances unless the provider enrolls in an automated reporting system designed to identify possible misuse of opiates, according to the *Dayton Daily News*.

During the past five years, the agency has paid for more than 188.5 million doses of narcotics prescribed to injured workers. Last year, it spent \$38.2 million for 357,970 prescrip-

tions for opiates to 39,028 claimants. Starting in 2011, BWC began taking steps to monitor and reduce prescriptions of overused drugs. Actions included 120-day limits on opioids and muscle relaxants within 12 months, prior authorization requirement for some drugs and a requirement that prescribers use the automated reporting system.

The agency now tracks the opiate load of every injured worker for every month and is starting to also track anti-anxiety drugs. According to BWC records, opiate prescriptions for injured workers have dropped nearly 28 percent and muscle relaxant prescriptions declined nearly 73 percent in 2013, compared with 2010.

OhioMHAS Pays Tribute to Iconic Mental Health Leader

Dr. Howard Sokolov Remembered for Expertise, Leadership and Contributions

Ohio's behavioral health field lost a legend this month with the passing of Dr. Howard Sokolov, an outstanding psychiatrist, leader, scholar and person who made tremendous contributions to Ohio's mental health field for decades. Dr. Sokolov served as Commissioner of the former department of Mental Health in the 1970s, and subsequently had a number of other important positions including Forensic Medical Director and Acting Medical Director for an extended period. He was instrumental in updating the forensic mental health processes in the Ohio Revised Code, and many other states have since turned to this work as a model for modernizing their own forensic systems. He also served as President of the Ohio Psychiatric Association and was Professor of Psychiatry and George T. Harding III Psychotherapy Chair at The Ohio State University, where he was named as "Professor of the Year" by the psychiatry residents on several occasions.

Dr. Sokolov completed his undergraduate degree at Columbia University and his medical degree at the State University of New York Downstate Medical Center, followed by residency training at the University of Cincinnati and certification in psychoanalysis at the Cincinnati Psychoanalytic Institute. He received numerous honors and awards, including Best Doctors in America and the Ohio Forensic Award from the former Ohio Department of Mental Health.

OhioMHAS Medical Director Dr. Mark Hurst recently reflected on his relationship with Dr. Sokolov.

"I worked for Dr. Sokolov when he was Medical Director at the old Harding Hospital in Worthington and I was the director of addiction treatment services. During those years, I had the pleasure of meeting with Howard each week for supervision which I continue to value. These years and his mentorship were key to my professional and personal development, as he was not only knowledgeable, but also incredibly wise," said Dr. Hurst. "Howard was a great man, and I am proud to have known him. He will be missed," he said.

Robert Baker, assistant chief of the OhioMHAS Bureau of Criminal Justice added, "I had the privilege of working closely with Howard for over 12 years. His wisdom, insight and delightful sense of humor created a wonderful working environment. I will miss him as mentor and friend."



*Howard Sokolov, M.D.
1939-2014*

Statewide Trauma-Informed Care (TIC) Effort Underway

Throughout Ohio and the nation people experience trauma on a daily basis, and the impact of traumatic stress is a collective public health concern. Preventing trauma and correctly identifying and responding to it when it has occurred is a benefit to the entire community.

One way to approach these challenges is through a model called Trauma-Informed Care (TIC). This is not a new service; rather it is an approach to interpersonal interactions that takes into account the potential scars of a person's past experience.

OhioMHAS and the Ohio Department of Developmental Disabilities (DODD) are committed to advancing trauma-informed care through a statewide Trauma-Informed Care (TIC) Initiative beginning this year. In consultation with national experts, the Initiative will coordinate the implementation of trauma informed care in a broad and cost-effective manner throughout both the behavioral health and developmental disabilities systems. A Statewide TIC Advisory Committee held its first meeting on Jan. 30. Learn more about TIC and follow the work of the committee going forward on the [OhioMHAS website](http://www.ohiomhas.org). For more information, contact Kim Kehl, Trauma-Informed Care project coordinator at OhioMHAS, at 614/644-8442 or Kim.Kehl@mha.ohio.gov.

Regional Psychiatric Hospitals Aiming to Prevent Post-Discharge Opioid-Related Deaths

Naloxone kits to be distributed to individuals at high-risk of overdose upon discharge

Eliminating unnecessary deaths resulting from opioid overdoses remains a top priority in Ohio. Beginning next month, OhioMHAS will implement Project DAWN (Deaths Avoided With Naloxone) at each of its six Regional Psychiatric Hospitals (RPHs) to help prevent opioid-related deaths following discharge for individuals at high-risk of overdose.

Naloxone is a non-addictive medication which is administered intranasally to reverse the effects of an opioid overdose and save the person's life. **Project DAWN**, an initiative of the Ohio Department of Health (ODH) Violence and Injury

Prevention Program, has been implemented successfully in several areas of the state, including a pilot program at Northcoast Behavioral Healthcare (NBH). In the first month alone, NBH distributed 37 Project DAWN kits to patients at discharge with at least one confirmed life saved by reversing opioid overdose.

Statewide, naloxone has been credited with dozens of overdose reversals since April 2012, according to proponent testimony provided by ODH during hearings on **HB 170**, a measure that seeks to reduce and prevent opioid-related overdose deaths through increased access to naloxone.

Officials Warn of Dangerous Teen Party Drink

Codeine-Based "Sizzurp" Can Have Deadly Consequences

If you haven't heard of "sizzurp," your teen most likely has. It's also referred to as "purple drank," "syrup," or "lean" — as in it will make you lean over.

While the drink has been around for a while, it has gained popularity in the last year or so, according to Cincinnati Children's Drug and Poison Information Center. This can likely be attributed to the glamorization of it in songs, rap videos, and postings on social media sites.



Sizzurp is a drink which is popular with the teen crowd and consumed at parties to get high. While "sizzurp" may sound and look innocent, experts warn it is anything but. The drink contains a potentially fatal concoction of prescription cough syrup containing promethazine

with codeine, a mixing agent (typically a fruit-flavored soda), and a piece of candy dropped in for flavoring and color.

"The drink is particularly concerning for a couple of reasons," said Sheila Goertmoeller, PharmD, CSPI, ICPS in a recent blog post. "The sheer sweetness of the drink masks the dangerous drugs in it, which might encourage one to consume more.

And drinking large quantities of 'sizzurp' could lead to an overdose of codeine and promethazine."

Codeine is an opiate and is classified as a narcotic controlled substance. It is in the same family of drugs as morphine and it has the potential to be addictive. It is used for pain relief and cough suppressing properties.

Promethazine has sedative properties and is prescribed to help with nausea, vomiting, motion sickness and pain. When used recreationally, promethazine can slow down the central nervous and respiratory systems, affect the heart and cause seizures.

When promethazine and codeine are used together, the mixture can cause significant central nervous system and respiratory depression, stop the heart and lungs from working and is potentially fatal, Goertmoeller cautioned.

"While prescription drug abuse is an ongoing and pervasive problem, the danger of having it in a tasty formulation raises concern for parents and health care professionals alike," she said.

Goertmoeller has recommended that parents talk to their child or teen about this and other drug threats — a message reiterated by the Governor's recently-launched [Start Talking!](#) youth drug prevention initiative. The Cincinnati Children's Drug and Poison Information Center recommends helping teens understand just how dangerous "sizzurp" is by explaining the addictive and potentially fatal properties in it. The Center's staff also encourages parents to provide examples of ways teens can refuse drugs offered to them at parties. For more information about "sizzurp," contact the Cincinnati Children's Drug and Poison Information Center at 800/222-1222.

Latest OSAM Report Warns of Increase in Prescription Stimulant Abuse

The Ohio Substance Abuse Monitoring (OSAM) Network is reporting an uptick in prescription stimulant use in several regions of the OSAM network.

In its latest *OSAM-O-Gram*, OSAM researchers noted an increase in the percentage of focus group participants (including active users and individuals in recovery) who illicitly used prescription stimulants during the past six months. In fact, increases have been reported in five of the eight OSAM regions covering the east and southern parts of Ohio.



Prescription stimulants are medications often used to treat attention deficit disorder (ADD), yet many of these prescriptions are being illicitly used throughout Ohio. Meanwhile, the Ohio State Highway Patrol reported in July 2013 that the number of prescription stimulant pills seized during the first half of last year had increased 101 percent.

Adderall® is the number-one reported prescription stimulant in widespread use throughout all of the regions. Other prescription stimulants reported as available include Concerta®, Ritalin® and Vyvanse®. The Ohio Bureau of Criminal Investigation (BCI) Richfield Crime Lab in northeast Ohio also reported cases involving Dexedrine®.

Participants and community professionals discussed using prescription stimulants with sedative-hypnotics, heroin, prescription opioids, marijuana and Suboxone®. Treatment providers and participants linked cocaine and methamphetamine users to prescription stimulants, explaining that these users will use the drugs when they cannot find their drug of choice. [Read the full OSAM-O-GRAM.](#)

Big Bowl Vote 2014

Alcohol Ads Have Big Impact on Kids

When asked which brand products they remember being advertised during the Super Bowl, both middle school and high school students ranked Budweiser and Bud Light in the second and third position as the most remembered commercials, according to results from Drug Free Action Alliance (DFAA) 2014 Big Bowl Vote.

The Big Bowl Vote is a simple, three-question, student questionnaire given Monday morning following the Super Bowl in which middle and high school students share their thoughts about what advertisements they remember seeing and which commercial takes their top vote.

"Looking at the results ... we see that the majority of these youth are watching the Super Bowl and we know they are being exposed to alcohol advertising," said DFAA Executive Director Marcie Seidel. [Read more.](#)



First Lady of Ohio Karen W. Kasich poses with students Jan. 21 in Upper Arlington for the Central Ohio Start Talking! kick-off.



Danielle Smoot, who lost her son Cole as a result of an overdose, speaks at a Start Talking! event in Perrysburg on Jan. 29.



Lt. Gov. Mary Taylor speaks at a Start Talking! event in Youngstown on Feb. 10.



Ridge Middle School in Mentor hosted a northeast Ohio kick-off on Feb. 7.

FACT:
Just by talking about the dangers of drugs, parents can reduce the likelihood of their children abusing drugs by 50%.
Start Talking!
Building a Drug-Free Future
StartTalking.Ohio.Gov



State Rep. Terry Johnson, (R-McDermott) who co-authored Ohio's "Pill Mill Bill," speaks Jan. 30 in Wheelersburg.



First Lady of Ohio Karen W. Kasich speaks during a Start Talking! event at Upper Arlington High School on Jan. 21.



Southern Ohio Start Talking! kick-off in Wheelersburg on Jan. 30.

UPCOMING START TALKING! EVENTS:

Mansfield — Madison Middle School
Monday, Feb. 24 — 2 p.m.

Akron — Buchtel Community Learning Center
Tuesday, Feb. 25 — 10 a.m.

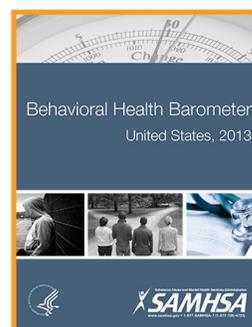
News & Research Roundup

SAMHSA Survey: Adults Who Use Illicit Drugs More Likely to Think About Suicide

Thoughts of suicide are more common among adults who use illicit drugs compared with the general population, according to a new Substance Abuse and Mental Health Services Administration (SAMHSA) [survey](#). Researchers found 9.4 percent of people using illicit drugs had suicidal thoughts, compared with 3.9 percent of the general population, according to a [SAMHSA press release](#). The rate of suicidal thoughts varied depending on the type of drug people use. The survey found 20.9 percent of people who use sedatives for nonmedical purposes had suicidal thoughts, compared with 9.6 percent of people who use marijuana, 13 percent of people who use pain relievers nonmedically, and 14.7 percent of people who use cocaine. The survey included about 70,000 people ages 12 and older. Those in crisis or who know someone they believe may be at immediate risk of attempting suicide are urged to call the [National Suicide Prevention Lifeline](#) at 1-800-273-TALK (8255). The Suicide Prevention Lifeline network, funded by [SAMHSA](#), provides immediate, free and confidential, round-the-clock crisis counseling to anyone in need throughout the country, every day of the year.

SAMHSA Releases Behavioral Health Barometer Report

The federal Substance Abuse and Mental Health Services Administration has released the first edition of the [Behavioral Health Barometer: United States](#), one of a series of state and national reports that provides a snapshot of the state of behavioral health in the nation. The Behavioral Health Barometer provides critical information to a variety of audiences in support of SAMHSA's mission of reducing the impact of substance abuse and mental illness on America's communities. This report presents a set of substance use and mental health indicators as measured through data collection efforts sponsored by SAMHSA (the National Survey on Drug Use and Health and the National Survey of Substance Abuse Treatment Services), the Centers for Disease Control and Prevention (the Youth Risk Behavior Survey), and the National Institute on Drug Abuse (the Monitoring the Future Survey). Also included are data on the use of mental health and substance use treatment services by Medicare enrollees, as reported by the Centers for Medicare & Medicaid Services. This array of indicators provides a unique overview of the nation's behavioral health at a point in time, as well as a mechanism for tracking change and trends over time. This report, along with a Behavioral Health Barometer for each state and the District of Columbia, will be published on a regular basis as part of SAMHSA's larger behavioral health quality improvement approach.



Study: Deadly Motor Vehicle Crashes Involving Marijuana Tripled in Last Decade

Fatal car crashes that involved marijuana tripled in the past decade, a new study concludes. One in nine drivers involved in a fatal crash tests positive for marijuana, according to a [new Columbia University study](#). Researchers analyzed crash statistics from six states that routinely perform toxicology tests on drivers involved in fatal crashes. The study included data on more than 23,500 drivers who died within an hour of a crash between 1999 and 2010. Throughout the decade, alcohol contributed to about 40 percent of crashes. Drugged driving accounted for about 16 percent of fatal crashes in 1999, and more than 28 percent in 2010. Marijuana use contributed to about 4 percent of fatal crashes in 1999, and 12 percent in 2010. "Given the increasing availability of marijuana and the ongoing opioid overdose epidemic, understanding the role of controlled substances in motor vehicle crashes is of significant public health importance," study co-author Dr. Guohua Li said in a [news release](#).

Underage Drinking: Interactive Tool Helps Parents "Start the Talk"

SAMHSA recently launched [Start the Talk](#), an interactive, online simulation tool that helps parents and caregivers of children ages 9 to 15 practice tough conversations about alcohol. Start the Talk is the newest component of "[Talk. They Hear You.](#)"



SAMHSA's national underage drinking prevention campaign, which launched last May. The Campaign equips parents and caregivers with the information, tools, and confidence they need to start talking to their kids early — as early as nine years old — about the dangers of alcohol. Start the Talk is an evidence-based behavioral tool that uses life-like avatars to engage in interactive conversations. The simulation is based on research in social cognition, learning theory and neuroscience. Each virtual role-play conversation is structured as a 10-12 minute

interactive experience. Users enter a risk-free practice environment, assume a parental role and engage in a conversation with an intelligent, fully animated and emotionally responsive avatar that models human behavior and adapts its responses and behaviors to the user's conversation decisions.



News & Research Roundup, cont.

Second Installment of *Ohio Health Disparities Bulletin* Released

The second issue of the *Ohio Health Disparities Bulletin* has just been released. This issue examines mental health, suicidal ideation and trauma exposure among Asians and Pacific Islanders (API) in substance abuse treatment in Ohio. The study is based on treatment admissions data from state fiscal years 2008 to 2012. A variety of univariate and bivariate statistical tests were used in data analysis also to highlight disparate trends in API treatment admission rates by select demographic characteristics and primary drugs of choice. For additional information on the report or the OhioMHAS initiative on behavioral health disparities, contact Surendra B. Adhikari, PhD, Health Disparities Lead, Surendra.adhikari@mha.ohio.gov.

SAMHSA Fact Sheet on ICD-10 Offers Help to Behavioral Health Providers

The Substance Abuse and Mental Health Services Administration (SAMHSA) has released a *new fact sheet* designed to help mental health and substance abuse service providers make the transition to the new International Classification of Diseases, 10th Edition (ICD-10) code sets, which goes into effect Oct. 1, 2014. The fact sheet answers many common questions about ICD-10, including preparation for implementation, and provides advice about how providers can ensure their compliance.

FDA Launches Its First National Youth Tobacco Prevention Campaign

The U.S. Food and Drug Administration (FDA) announced the launch of its first national public education campaign to prevent youth tobacco use. "*The Real Cost*" campaign aims to reduce tobacco initiation rates by targeting at-risk youth aged 12-17 who are open to smoking or already experimenting with cigarettes. About 10 million youth in the United States currently fall into this category. The campaign uses evidence-based best practices proven to reduce youth tobacco use. Visually compelling and personally relevant ads to educate youth about the harms of tobacco use began appearing in multiple media platforms — including TV, print, radio and online — in more than 200 markets nationwide on Feb 11.

Increasing Number of Ecstasy Users Landing in ER

The number of emergency department visits related to the dangerous hallucinogenic drug Ecstasy (also sometimes called Molly) has skyrocketed in recent years, according to the Substance Abuse and Mental Health Services Administration. In a *news release*, SAMHSA noted a 128 percent increase in Ecstasy-related visits from 2005 to 2011 for patients younger than 21 years old. Many of these visits (about 33 percent) involved the dangerous combination of Ecstasy and alcohol. Overall, drug use caused nearly 1.25 million emergency department visits in 2011.

Free, Permanent AMCC Rx Drop Boxes Available

The American Medicine Chest Challenge (AMCC) is offering a limited number of free permanent Rx collection boxes to partners in communities throughout the country. If you know a law enforcement organization interested in receiving an AMCC Permanent Collection Box, please email admin@AmericanMedicineChest.com with the following information: name/address of law enforcement organization and a contact name/phone number/email address. AMCC is continuously promoting locations listed in the *AMCC National Directory of Permanent Prescription Drug Collection Locations* through its year-round media campaign and free mobile app. Complete *this form* to be included in the directory. For more information, call 877/919-2622.

Training Opportunities

Recovery Housing Operations Training — Feb. 20-21

OhioMHAS is sponsoring a free "Recovery Housing Operations: Zeal to Skill" training Feb. 20-21 at the Summit County Job Center in Akron. Housing owners, housing staff, housing managers and anyone interested in learning more about operating a recovery home are encouraged to attend. *Register* online. Questions? Contact Alisia Clark at Alisia.Clark@mha.ohio.gov or 614/644-8428.

Traumatic Brain Injury Webinar — Feb. 26

The Brain Injury Association of America, in partnership with the Ohio Brain Injury Program and Give an Hour, will host, "What if There's a Traumatic Brain Injury?" webinar on Feb. 26 from 3-4 p.m. This webinar is intended for behavioral health professionals who want to learn about traumatic brain injury (TBI), why it is important to know a client's history of TBI, how neurological impairments could interfere with treatment and suggestions for adapting their approach to accommodate those impairments. John D. Corrigan, Ph.D., Professor in the Department of Physical Medicine & Rehabilitation at The Ohio State University and editor-in-chief of the *Journal of Head Trauma Rehabilitation*, will present. *Register* online.



Training Opportunities, cont.

CWRU Center for Evidence-Based Practices Trainings

The Case Western Reserve University Center for Evidence-Based Practices has released its schedule of upcoming trainings. Click the links below for more information:

March 5 — [*Foundations of Motivational Interviewing, Part 1 \(Central Region\)*](#)

March 10 — [*Housing Training: Integrated Stage-Wise Approaches for People with Mental and Substance Use Disorders \(Toledo\)*](#)

March 18 — [*Foundations of Motivational Interviewing, Part 2 \(Northeast Region\)*](#)

March 25-26 — [*IDDT Implementation Strategies for Program Leaders*](#)

March 27 — [*Promoting Health-Behavior Change among People with SPMI*](#)

Register Now for the March 4-5 Problem Gambling Conference

The goal of the Ohio Department of Mental Health and Addiction Services and the Ohio for Responsible Gambling (ORG) partners: the Commissions of Casino Control, Lottery and Racing, is to ensure that capacity for gambling prevention, treatment and recovery services is there when Ohioans need it. The Ohio Problem Gambling Conference has been approved for 9.75 CEUs and RCHs. The Conference is a stand-alone workforce development event hosted by ORG. Titled "Annual Problem Gambling Conference: Ohio's Response to a Changing Landscape," this interdisciplinary conference brings the latest science and strategies to Ohio for the goal of reducing problem gambling and treating those with gambling disorder. Learn from international experts in the field: Dr. Henry Lesieur and Dr. Mark Griffiths, and Ohio's experts in your choice of eight targeted topic sessions.

[*Register today.*](#)

"We are the Majority" Youth-Led Prevention Webinar — March 11

Drug Free Action Alliance will host a free "We are the Majority" webinar from 1-2 p.m. on March 11 to introduce the Ohio Youth-Led Prevention Network's (OYLPN) partnerships between youth-led substance abuse prevention programs to develop and strengthen the youth-led substance abuse prevention efforts at local, state and national levels. The "We are the Majority" message is a youth-led initiative developed by OYLPN's Youth Advisory Council. The message educates communities that the majority of their youth do not use alcohol, tobacco and other drugs and empowers drug-free teens to be vocal about their choice not to use. Click [*here*](#) to register.

The Neurobiology of Sexual Assault — March 19

The Ohio Victim Witness Association will host a workshop on the Neurobiology of Sexual Assault on March 19 at the Columbus Police Academy, 1000 N. Hague Ave., Columbus, OH 43204. The training has been specifically designed for law enforcement and criminal justice personnel, however, other disciplines may attend. Dr. Rebecca Campbell, professor of Psychology at Michigan State University, will present. [*Register online*](#) by March 12.

Register Today! Midwest Alcohol Policy Summit — April 1-3

The premiere Midwest Alcohol Policy Summit will be held in Columbus on April 2-3, 2014, with a one-day pre-conference with dual tracks on higher education and law enforcement on April 1, 2014. The inaugural conference, with the collaboration of eight partner states, will explore progress in advancing sound alcohol policies at the local, regional and national levels. Legislative and community norms continue to shift and it is vital to equip decision-makers at all levels with the most up-to-date and evidence-based resources. The summit will bring focus to the importance of alcohol policy, as well as resources for making reforms in your community. [*Register online.*](#)

Housing Ohio 2014 — April 7-8

The Coalition on Homelessness and Housing in Ohio (COHHIO) will host its 20th anniversary Housing Ohio conference April 7-8, 2014, at the Sheraton Columbus at Capital Square. Visit [*www.cohhio.org*](http://www.cohhio.org) for more information.

Active Parenting Trainings — April 7-8

The Ohio Children's Trust Fund and OhioMHAS are sponsoring free Active Parenting Now, Active Parenting of Teens and 1,2,3,4 Parents! trainings April 7-8 at the Cleveland Clinic Medina Hospital. Click [*here*](#) for complete details and to register.



Training Opportunities, cont.

Respite Education and Support Tools (REST) Train-the-Trainer Course — April 10-11

The Butler County Educational Service Center will host "Respite Education and Support Tools (REST)," a nationally recognized, interactive, two-day Train-the-Trainer course that prepares individuals who will train volunteer respite care workers, April 10-11 in Hamilton. For more information, contact Lois Sheaffer Kramer at lsheaffer@restprogram.org or 630/529-2872, ext. 3234.

Youth Leadership Forum for Students with Disabilities — Aug. 3-7

The Governor's Council on People with Disabilities is currently seeking delegates to attend the 2014 Youth Leadership Forum on Aug. 3-7. More than 40 high school juniors and seniors with disabilities will be selected to attend the free training in Columbus. Interested students must mail a completed [application](#) to the Governor's Council staff office **no later than March 31, 2014**. Applicants will receive a letter confirming receipt of application materials. Learn more about YLF [here](#).

Save the Date! 2014 Addiction Studies Institute — Aug. 6-8

The Ohio State University Wexner Medical Center Talbot Hall will host the 2014 Addiction Studies Institute Aug. 6-8 at the Greater Columbus Convention Center. The Institute is the largest midwest conference of its kind, providing an array of dynamic educational choices for the chemical dependency counselor, social worker, prevention specialist, criminal justice professional, clergy, physician, marriage and family therapist, nurse and other health care specialists. Sessions range from entry-level to advanced. More details will be available in coming months on the [Institute website](#).

Save the Date! National Loss Team Conference — Sept. 9-10

The Ohio Suicide Prevention Foundation, in partnership with the National Loss Team Committee, will host the 2014 National Loss Team Conference "Postvention, It's About Time!" Sept. 9-10 at the Embassy Suites Hotel — Columbus Airport. Frank Campbell, Ph.D., will serve as keynote. For more details, contact Carolyn Givens at 614/429-1528 or carolyngivens@ohiospf.org.

Save the Date! 50th Anniversary ICCA Conference — Sept. 14-17

The International Community Corrections Association (ICCA) will hold its 50th Anniversary Conference Sept. 14-17 in Cleveland. Watch the [ICCA website](#) for more details in the coming months.

SAMHSA Girls Matter! Webinar Series

The Substance Abuse and Mental Health Services Administration is launching Girls Matter! a webinar series addressing adolescent girls' behavioral health to bridge this gap by providing professionals with information about the critical needs of girls today. This six-part series features professionals from multiple fields and specialties who share a passion for helping teen girls thrive. Registration is now open for the first two webinars. Click the links below for more information.

- [Growing Up Girl: Adolescent Development and the Unique Issues Facing Girls](#) — Feb. 25 — 3 p.m.
- [The Girl in the Mirror: Behavioral Health Challenges of Adolescent Girls](#) — March 13 — 3 p.m.



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